**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**The purpose of these worksheets are to help you navigate the** [**https://explore-healthcare.org/**](https://explore-healthcare.org/) **website and determine what career interests you may have. You will also find career opportunities that match your interests in Eastern Iowa on this website.**

**O\*Net Interest Profiler**

In the State of Iowa, all 8th grade students take the ***O\*Net Interest Profiler*** to determine what your interests, personality strengths, and career strengths are. However, your interests may have changed since 8th grade. If you feel that your interests have changed, retake the ***O\*Net Interest Profiler*** found on the [**https://explore-healthcare.org/**](https://explore-healthcare.org/) website to determine what your interests are now. Once completed, answer the following questions based on your results. If your interests have not changed since 8th grade, access your ***O\*Net Interest Profiler*** results and answer the following questions.

1. List your top three personality strengths: (i.e. artistic, conventional, realistic, etc.)
2. What is listed as your top strength (a)?
3. Summarize the profile (traits) of a person with that personality strength:

Is this profile a close match to a profile of yourself? Yes ( ) No ( )

 If “No”, you may want to reassess your interests on the ***Interest Profiler****.*

If “Yes”, move on to number **4**.

1. Summarize the profile (traits) of your other two top personality strengths (b & c).

b.

**O\*Net Interest Profiler**

c.

5. List your secondary traits identified on the assessment.